


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>Alternative Hearing 1</b> <b>9:00-10:00</b> Texas meatballs, baked potato, cheesy Brussel sprouts, pineapple <u>Tai Chi 9:30am</u> <u>Bingo 12:30</u> <u>Cards 1:00pm</u>			<b>Accordion Day 4</b> Roast Turkey, mashed potatoes/gravy, corn, peaches	
	<b>All meals must be reserved the day before or by 9 A.M. the day of</b> <b>All meals are served with bread, milk coffee, and water</b>					
6	7	<b>Cottonwood Bingo 8</b> <b>12:30</b> Herb baked chicken pieces, mashed potatoes w/gravy, broccoli, cookie <u>Tai Chi 9:30am</u> <u>Bingo 12:30</u> <u>Cards 1:00pm</u> <u>Van to Columbus</u>	9	<b>Belton 2-4 10</b> Ham or Liver & onions, scalloped potatoes, mixed vegetables, pears <u>Tai Chi 9:30am</u> <u>Cards 1:00pm</u> <u>Van to Lincoln</u>	11	12
	Goulash, green beans, tossed salad, garlic bread, apricots		Hamburger on a bun, potato wedges, glazed carrots, plums		Polish sausage, dumplings & sauerkraut, pudding	
13	14	15	16	<b>David Place 12:30 17</b> Tater tot casserole, carrots, lettuce salad, jello & fruit parfait <u>Tai Chi 9:30am</u> <u>Cards 1:00pm</u> <u>Van to Columbus</u>	18	19
	Grilled ham & cheese sandwich, tator tots, cauliflower, tropical fruit	Cornflake Chicken, mashed potatoes & gravy, corn, strawberries & bananas <u>Tai Chi 9:30am</u> <u>Bingo 12:30</u> <u>Cards 1:00pm</u> <u>Van to Omaha</u>	Salmon patty, Baked Potato, creamed green beans, pears		Chicken Spaghetti Bake, Garlic Bread, California blend, banana bar	
20	21	22	23	<b>Birth Day 24</b> Hamburger steak, parsley potatoes, broccoli, cake <u>Tai Chi 9:30am</u> <u>Cards 1:00pm</u> <u>Van to Omaha</u>	25	26
	 Soft Taco, Spanish rice, tomato & corn salad, cinnamon applesauce	BBQ Chicken on a bun, steak fries, pasta salad, peach cobbler <u>Tai Chi 9:30am</u> <u>Bingo 12:30</u> <u>Cards 1:00pm</u> <u>Van to Lincoln</u>	Pork Fritter, sweet potato casserole, peas, pineapple		Italian Chicken, seasoned potatoes, Italian vegetables, mixed fruit	
27	28	29	30			
	Baked fish, garden rice, succotash, rosy applesauce	Smothered pork chops, mashed potatoes & gravy, beets & waldrof salad <u>Tai Chi 9:30am</u> <u>Bingo 12:30</u> <u>Cards 1:00pm</u> <u>Van to Columbus</u>	Chicken salad sandwich, bacon ranch potato salad tomato & cucumber salad, fruit cocktail	<b>Suggested cost for 60 &amp; over is \$3.75 and cost for under 60 is \$4.75. All ages welcome 😊</b>	<b>MENU SUBJECT TO CHANGE</b>	