

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All meals must be reserved the day before or by 9 A.M. the day of</p> <p>All meals are served with bread, milk, coffee, and tea</p>			<p>Ash Wednesday 1</p> <p>Pork Chop or baked Pollack, garden rice, Brussel sprouts, tropical fruit</p> <p>9:30 A.M. – Frogs: Quilting & Cards</p>	<p>2</p> <p>Oven fried Chicken, mashed potatoes & gravy, corn, peaches</p> <p>Salad bar</p> <p>9:30 A.M. – Quilting & Tai Chi</p> <p>Van to Lincoln</p>	<p>3</p> <p>Accordion Day</p> <p>Hamburger Steaks or breaded fish, Au gratin potatoes, peas, pears</p> <p>10:00 A.M. – Quilting</p> <p>1:00 P.M. – Pinochle</p>	<p>4</p>
<p>15</p> 	<p>6</p> <p>Country Ribs, roasted potatoes, mixed vegetables, applesauce</p> <p>10:00 A.M. – Quilting & Cards</p>	<p>7</p> <p>Alternative</p> <p>Hearing 9AM</p> <p>Hot Beef sandwich, mashed potatoes & gravy, carrots, mandarin oranges, salad bar</p> <p>9:30 A.M. – Quilting & Tai Chi</p> <p>12:30 P.M. – Bingo</p> <p>6:00 P.M. – Supper & Cards Van to Omaha</p>	<p>8</p> <p>11amFreeBlood</p> <p>Pressure checks</p> <p>Glazed Ham, sweet potatoes, green beans, jello with fruit</p> <p>9:30 A.M. – Frogs: Quilting & Cards</p>	<p>9</p> <p>Potato Bake</p> <p>Fundraiser</p> <p>11:15 A.M. – 12:45</p> <p>HDM: Baked potato with cream beef, broccoli, apricots, salad bar</p> <p>9:30 A.M. – Quilting & Tai Chi</p> <p>Van to Columbus</p> <p>Beltone 2-4pm</p>	<p>10</p> <p>Creamed chicken or Tuna on a biscuit, succotash, pineapple</p> <p>10:00 A.M. – Quilting</p> <p>1:00 P.M. – Pinochle</p>	<p>11</p>
<p>12</p> <p>Brunch</p>	<p>13</p> <p>Salisbury Steak, mashed potatoes, cauliflower, tropical fruit</p> <p>10:00 A.M. – Quilting & Cards</p>	<p>14</p> <p>Pork Cutlet, garden rice, sauerkraut,, plums, salad bar</p> <p>9:30 A.M. – Quilting & Tai Chi</p> <p>12:30 P.M. – Bingo</p> <p>6:00 P.M. – Supper & Cards</p> <p>Van to Lincoln</p>	<p>15</p> <p>Roasted Turkey, stuffing, green beans, rosy applesauce</p> <p>9:30 A.M. – Frogs: Quilting & Cards</p>	<p>16</p> <p>Speaker</p> <p>David Place</p> <p>Corn Beef, baby potatoes, carrots, cabbage, salad bar, & fruit cocktail</p> <p>9:30 A.M. – Quilting & Tai Chi</p> <p>Van to Omaha</p>	<p>17</p> <p>Meatless chili, grilled cheese, broccoli and cauliflower salad, lime jello w/pears</p> <p>10:00 A.M. – Quilting</p> <p>1:00 P.M. – Pinochle</p>	<p>18</p> 
<p>19</p>	<p>20</p> <p>Meatloaf, baked potato, creamed peas & peaches</p> <p>10:00 A.M. – Quilting & Cards</p>	<p>21</p> <p>Foot care</p> <p>Soup & Salad 11:30 - 12:45PM</p> <p>HDM: Ham & Bean Soup, grilled cheese & plums</p> <p>9:30 A.M. – Quilting & Tai Chi</p> <p>12:30 P.M. – Bingo</p> <p>6:00 P.M. – Supper & cards Van to Columbus</p>	<p>22</p> <p>Spaghetti with meat sauce, squash, bread pudding with lemon sauce</p> <p>9:30 A.M. – Frogs: Quilting & Cards</p>	<p>23</p> <p>Birthday Day</p> <p>Cornflake Chicken, mashed potatoes, beets, apricots, salad bar</p> <p>9:30 A.M. – Quilting & Tai Chi</p> <p>Van to Lincoln</p>	<p>24</p> <p>Breaded fish or Hamburger on a bun, oven fries, baked beans, ½ banana</p> <p>10:00 A.M. – Quilting</p> <p>1:00 P.M. – Pinochle</p>	<p>25</p>
<p>26</p>	<p>27</p> <p>Country fried steak, scalloped potatoes, cauliflower, mandarin oranges</p> <p>10:00 A.M. – Quilting & Cards</p>	<p>28</p> <p>Oven roasted chicken mashed potatoes, carrots, cherry cheese cake, salad bar</p> <p>9:30 A.M. – Quilting & Tai Chi</p> <p>12:30 P.M. – Bingo</p> <p>6:00 P.M. – Supper & Cards Van to Omaha</p>	<p>29</p> <p>Roast pork, dumplings, sauerkraut, baked apples</p> <p>9:30 A.M. – Frogs: Quilting & Cards</p>	<p>30</p> <p>Chicken Alfredo, buttered noodles, broccoli, vanilla pudding, salad bar</p> <p>9:30 A.M. – Quilting & Tai Chi Van to Columbus</p>	<p>31</p> <p>Salmon Patties, macaroni, and cheese, mixed veggies, fruit salad</p> <p>10:00 A.M. – Quilting</p> <p>1:00 P.M. – Pinochle</p>	<p>MENU SUBJECT TO CHANGE</p>