

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All meals must be reserved the day before or by 9 A.M. the day of</p> <p>All meals are served with bread, milk, coffee, and water</p>				<p>1</p> <p>Sloppy Joes, oven fries, baked beans, pears, salad bar</p> <p><u>9:30 A.M. – Quilting & Tai Chi</u></p> <p><u>Van to Columbus</u></p>	<p>2</p> <p>Accordion Day</p> <p>Roast Beef, mashed potatoes/gravy, corn, Peaches</p> <p><u>10:00 A.M. – Quilting & Frogs</u></p> <p><u>1:00 P.M. – Pinochle</u></p>	<p>3</p>
4	5	<p>6</p> <p>Alternative Hearing</p> <p>Texas meatballs, scalloped potatoes, buttered cabbage, pineapple, salad bar</p> <p><u>9:30 A.M. – Quilting & Tai Chi</u></p> <p><u>12:30 P.M. – Bingo</u></p> <p><u>6:30 P.M. Cards (Pitch)</u></p> <p><u>Van to Lincoln</u></p>	<p>7</p> <p>Farmers Market Coupons</p> <p>Chicken pot pie, carrots, lemon bars, salad bar</p> <p><u>9:30 A.M. – Frogs; Quilting & Cards</u></p>	<p>8</p> <p>Potato Bake Fundraiser</p> <p>11:15 A.M. – 12:45</p> <p>HDM: Baked potato, Chili, peas, plums</p> <p><u>9:30 A.M. – Quilting & Tai Chi</u></p> <p><u>Van to Omaha</u></p> <p>Beltone 2-4pm</p>	9	10
11	12	13	<p>14</p> <p>11am Free Blood Pressure checks</p> <p>Ham, baked sweet potatoes, broccoli, cranberry sauce, salad bar</p> <p><u>9:30 A.M. – Frogs; Quilting & Cards</u></p>	<p>15</p> <p>1pm Birthday Day Support Group</p> <p>BLT Chicken wrap, steak fries, fruit cocktail, salad bar</p> <p><u>9:30 A.M. – Quilting & Tai Chi</u></p> <p><u>Van to Lincoln</u></p>	16	17
18	19	20	21	22	23	24
	<p>Spaghetti & meatballs, green beans, garlic sticks, peanut butter cookies</p> <p><u>10:00 A.M. – Quilting & Cards</u></p>	<p>Corn flake chicken, potato salad, coleslaw, mandarin oranges, salad bar</p> <p><u>9:30 A.M. – Quilting & Tai Chi</u></p> <p><u>12:30 P.M. – Bingo</u></p> <p><u>6:30 P.M. – Pitch</u></p> <p><u>Van to Columbus</u></p>	<p>Herb baked chicken pieces, baked potato, creamed peas, cantaloupe, salad bar</p> <p><u>9:30 A.M. – Quilting & Tai Chi</u></p> <p><u>12:30 P.M. – Bingo</u></p> <p><u>6:30 Pitch</u></p> <p><u>Van to Omaha</u></p>	<p>Roast pork, dumplings & sauerkraut, cake, salad bar</p> <p><u>9:30 A.M. – Frogs; Quilting & Cards</u></p>	<p>Tuna & noodles, mixed vegetables, strawberry banana salad & salad bar</p> <p><u>9:30 A.M. – Quilting & Tai Chi</u></p> <p><u>Van to Columbus</u></p>	<p>Hamburger on bun or Liver & onions, mashed potatoes w/gravy, succotash, plums</p> <p><u>10:00 A.M. – Quilting & Frogs</u></p> <p><u>1:00 P.M. – Pinochle</u></p>
25	26	27	28	29	30	
	<p>Polish Sausage on a bun, roasted potatoes, baked beans Jello with fruit</p>	<p>27</p> <p>Sandwich & Salad Bar 11:30-12:45</p> <p>HDM Chicken salad sandwich, coleslaw, beets, grape salad</p> <p><u>9:30 A.M. – Quilting & Tai Chi</u></p> <p><u>12:30 P.M. – Bingo</u></p> <p><u>6:30 Pitch</u></p> <p><u>Van to Lincoln</u></p>	<p>Country ribs, potato wedges, tomato cucumber salad, lime jello w/pears, salad bar</p> <p><u>9:30 A.M. – Frogs; Quilting & Cards</u></p>	<p>Parmesan chicken strips, tater tots, California blend, rice pudding, salad bar</p> <p><u>9:30 A.M. – Quilting & Tai Chi</u></p> <p><u>Van to Omaha</u></p>	<p>Ham balls, hash browns, green beans, apricots</p> <p><u>10:00 A.M. – Quilting & Frogs</u></p> <p><u>1:00 P.M. – Pinochle</u></p>	<p>MENU SUBJECT TO CHANGE</p>