

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All meals must be reserved the day before or by 9 A.M. the day of, by calling 402-367-6131</p>	<p>All meals are served with bread, milk, coffee, and water</p>	<p>All ages welcome Suggested cost for 60 & up \$3.50 and fee for 60 & under is \$4.50</p>			<p>Accordion Day 1 Meatloaf, baked potato, creamed peas, pears <u>10:00 A.M. – Quilting</u> <u>1:00 P.M. – Pinochle</u> <u>2:00pm Tai Chi</u></p> <p>Speaker</p>	2
3	4	5	6	7	8	9
	<p>Hamburger on a bun, potato wedges, carrots, mandarin oranges</p> <p><u>10:00 A.M. – Quilting & Cards</u></p>	<p>Alternative Hearing Chicken Pot Pie with vegetables, jello w/fruit, salad bar <u>9:30 A.M. – Quilting & Tai Chi</u> Van to Omaha <u>6:00 PM Pitch</u></p>	<p>Swiss Steak, oven fried potatoes w/onions, buttered cabbage, peach crisp <u>9:30 A.M. – Exercise Quilting & Cards</u> <u>2:00 pm Tai Chi</u></p>	<p>Country style ribs, hash brown casserole, Harvard beets, fruit cocktail, salad bar <u>9:30 A.M. – Quilting & Tai Chi</u> <u>1:00 pm Dominos</u> Van to Columbus</p>	<p>Swedish Meatballs, buttered noodles, Roasted Brussel sprouts, apricots <u>10:00 A.M. – Quilting</u> <u>1:00 P.M. – Pinochle</u> <u>2:00pm Tai Chi</u></p>	
10	11	12	13	14	15	16
	<p>Spaghetti with meat sauce, Italian vegetables, garlic bread, pineapple crunch</p> <p><u>10:00 A.M. – Quilting & Cards</u></p>	<p>Cornflake Chicken, stuffing, green beans, rosy apple sauce, salad bar <u>9:30 A.M. – Quilting & Tai Chi</u> Van to Lincoln <u>6:00 PM Pitch</u></p>	<p>11amFreeBlood Blood Pressure Check Baked Fish, garden rice, California blend, cherry bars St Joseph Villa 12:30 entertainment <u>9:30 A.M. – Exercise Quilting & Cards</u> <u>2:00pm, Tai Chi</u></p>	<p>11:15-12:45 Potato Bake Fundraiser Beltone 2-4 pm HMD: Creamed chicken on mashed potatoes, broccoli & cauliflower salad, tropical fruit <u>9:30 A.M. – Quilting & Tai Chi</u> <u>1pm Dominos</u> Van to Omaha</p>	<p>Potato soup, grilled cheese sandwich, mixed vegetables, peaches Speaker <u>10:00 A.M. – Quilting</u> <u>1:00 P.M. – Pinochle</u> <u>2pm Tai Chi</u></p>	
17	18	19	20	21	22	23
<p>Brunch & Bake Sale</p>	<p>Closed for Presidents Day</p>	<p>Hamburger gravy on mashed potatoes, corn, plums, salad bar <u>9:30 A.M. – Quilting & Tai Chi</u> Van to Columbus <u>6:00 PM Pitch</u></p>	<p>BBQ Chicken, sweet potato fries, baked beans, jello cake <u>9:30 A.M. – Exercise Quilting & Cards</u> <u>2:00 pm Tai Chi</u></p>	<p>Speaker David Ham balls, parsley potatoes, wax beans, pears, salad bar <u>9:30 A.M. – Quilting & Tai Chi</u> <u>1pm Dominos</u> Van to Lincoln</p>	<p>Fish squares on a bun, steak fries, coleslaw, ½ banana <u>10:00 A.M. – Quilting</u> <u>1:00 P.M. – Pinochle</u> <u>2:00pm Tai Chi</u></p>	
24	25	26	27	28		
	<p>Chicken fried chicken, mashed potatoes, gravy, green beans, strawberry & bananas <u>10:00 A.M. – Quilting & Cards</u></p>	<p>Runza casserole, tater tots, peas, pudding, salad bar <u>9:30 A.M. – Quilting & Tai Chi</u> Van to Omaha <u>6:00 PM Pitch</u></p>	<p>Garden Minestrone soup, chicken salad sandwich, jello with fruit <u>9:30 A.M. – Exercise Quilting & Cards</u> <u>2:00pm Tai Chi</u></p>	<p>Birthday Day Pork cutlet, scalloped potatoes, glazed carrots, cake, salad bar <u>9:30 A.M. – Quilting & Tai Chi</u> Van to Columbus <u>1:00pm Dominos</u></p>		