

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All meals must be reserved the day before or by 9 A.M. the day of, by calling 402-367-6131</p>	<p>All meals are served with bread, milk, coffee, and water</p>	<p>1 Closed for New Years</p>	<p>2 Fish Sandwich , scalloped potatoes, coleslaw, orange <u>9:30 A.M. – Exercise Quilting & Cards</u></p>	<p>3 Foot care Chili, tossed salad, cinnamon rolls, salad bar <u>9:30 A.M. – Quilting & Tai Chi</u> <u>1:00 Dominos Van to Omaha</u></p>	<p>4 Accordion Day Roast Turkey, mashed potatoes, gravy, green beans, peaches <u>10:00 A.M. – Quilting & Frogs</u> <u>1:00 P.M. – Pinochle</u></p>	<p>5</p>
<p>6 All ages welcome Suggested cost for 60 & up \$3.50 and fee for 60 & under is \$4.50</p>	<p>7 Cowboy steak, roasted potatoes, baked beans, applesauce <u>9:30 A.M. – Quilting & Cards</u></p>	<p>8 Alternative Hearing 9am Chicken & Rice Casserole, Broccoli, jello with fruit, salad bar <u>9:30 A.M. – Quilting & Tai Chi</u> <u>Van to Columbus</u> <u>6:00 PM Pitch</u></p>	<p>9 11am Free Blood Pressure Check Polish Sausage, dumplings, sauerkraut, pears <u>9:30 A.M. – Exercise Quilting & Cards</u> <u>2:00-3:00PM Tai Chi</u></p>	<p>10 Potato Bake Fundraiser 11:15-12:45 Beltone 2-4pm HDM Baked Potato, creamed beef, peas, ½ banana <u>9:30 A.M. – Quilting & Tai Chi</u> <u>1:00 Dominos Van to Lincoln</u></p>	<p>11 Smothered Pork Chops, mashed potatoes & gravy, buttered cabbage, pineapple <u>10:00 A.M. – Quilting & Frogs</u> <u>1:00 P.M. – Pinochle</u></p>	<p>12</p>
<p>13 Brunch 9:30am 12:30 pm</p>	<p>14 Egg & Bacon Casserole with hash browns, stewed tomatoes, mixed fruit <u>9:30 A.M. – Quilting & Cards</u></p>	<p>15 Pot roast with potatoes & carrots, bun, pudding, salad bar <u>9:30 A.M. – Quilting & Tai Chi</u> <u>Van to Omaha</u> <u>6:00 PM Pitch</u></p>	<p>16 Pot Luck HDM: Chicken sandwich, macaroni & cheese, California blend, plums <u>9:30 A.M. – Exercise Quilting & Cards</u> <u>2:00-3:00PM Tai Chi</u></p>	<p>17 Speaker David Place Ham, potato cakes, succotash, grape salad, salad bar <u>9:30 A.M. – Quilting & Tai Chi</u> <u>1:00 Dominos Van to Columbus</u></p>	<p>18 Chicken Parmesan, French fries, Italian Vegetables, mandarin oranges Ambrosia salad <u>10:00 A.M. – Quilting & Frogs</u> <u>1:00 P.M. – Pinochle</u></p>	<p>19</p>
<p>20</p>	<p>21 Closed for Martin Luther King Jr Day</p>	<p>22 Pork Cutlets, baked potato, creamed peas, baked apples, salad bar <u>9:30 A.M. – Quilting & Tai Chi</u> <u>Van to Lincoln</u> <u>6:00 PM Pitch</u></p>	<p>23 Tuna melt, steak fries, roasted brussel sprouts, Ambrosia salad <u>9:30 A.M. – Exercise Quilting & Cards</u> <u>2:00-3:00PM Tai Chi</u></p>	<p>24 Birthday Day Meat Loaf, parsley potatoes, beets, cake, salad bar <u>9:30 A.M. – Quilting & Tai Chi</u> <u>1:00 Dominos Van to Omaha</u></p>	<p>25 Chicken fried chicken, mashed potatoes & gravy, cauliflower, fruit cocktail <u>10:00 A.M. – Quilting & Frogs</u> <u>1:00 P.M. – Pinochle</u></p>	<p>26</p>
<p>27</p>	<p>28 Cornflake chicken, stuffing, broccoli, apricots <u>9:30 A.M. – Quilting & Cards</u></p>	<p>29 Tator Tot casserole, mixed veggies, cherry bars, salad bar <u>9:30 A.M. – Quilting & Tai Chi</u> <u>Van to Columbus</u> <u>6:00 PM Pitch</u></p>	<p>30 Ham & Bean soup, carrot salad jello with fruit <u>9:30 A.M. – Exercise Quilting & Cards</u> <u>2:00-3:00Pm Tai Chi</u></p>	<p>31 Chicken & Dumplings, scandinavian vegetables, plums, salad bar <u>9:30 A.M. – Quilting & Tai Chi</u> <u>Van to Lincoln</u></p>	<p>Meals are subject to change</p>	