

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>All meals must be reserved the day before or by 9 A.M. the day of, by calling 402-367-6131</b></p>	<p>1 Lasagna, garlic bread, Broccoli, fruit cocktail</p> <p><u>10:00 A.M. – Quilting &amp; Cards</u></p>	<p>2 <b>Alternative</b> <b>Hearing 9am</b> Ham loaf, Potato wedges, creamed peas, cookie, salad bar</p> <p><u>9:30 A.M. – Quilting &amp; Tai Chi</u> <u>Van to Omaha</u> 6:30 PM Pitch <b>Footcare</b></p>	<p>3 Cornflake chicken, stuffing, green beans, peaches</p> <p><u>9:30 A.M. – Exercise: Quilting &amp; Cards</u></p>	<p>4 <b>Speaker</b> Swedish meatballs, buttered noodles, mixed veggies, Apricots, salad bar</p> <p><u>9:30 A.M. – Quilting &amp; Tai Chi</u> <u>10:30 Dominos</u> <u>Van to Columbus</u></p>	<p>5 <b>Accordion Day</b> Roast turkey, mashed potatoes &amp; gravy, glazed carrots, rosy applesauce</p> <p><u>10:00 A.M. – Quilting &amp; Frogs</u> <u>1:00 P.M. – Pinochle</u></p>	<p>6  <b>Columbus Day</b></p>
7	<p>8 <b>Closed for Columbus Day</b></p> <p></p>	<p>9 Hamburger or liver &amp; onions, cheesy hashbrowns, buttered cabbage, tropical fruit, salad bar</p> <p><u>9:30 A.M. – Quilting &amp; Tai Chi</u> <u>Van to Lincoln</u> 6:30 PM Pitch</p>	<p>10 <b>11amFreeBlood</b> <b>Blood Pressure Check</b> Fish Sandwich, tator tots, California blend &amp; pudding</p> <p><u>9:30 A.M. – Exercise: Quilting &amp; Cards</u></p>	<p>11 <b>Potato Bake</b> <b>Fundraiser 11:15-12:45pm</b> HDM: Baked potato, creamed chicken, Brussel sprouts, plums</p> <p><u>9:30 A.M. – Quilting &amp; Tai Chi</u> <u>10:30 Dominos</u> <u>Van to Omaha</u> <b>Belton 2-4 pm</b></p>	<p>12 Pork Cutlets, Au Gratin Potatoes, succotash, jello with fruit</p> <p><u>10:00 A.M. – Quilting &amp; Frogs</u> <u>1:00 P.M. – Pinochle</u></p>	13
14 <b>Brunch 9:00 am-12:30pm</b>	<p>15 Meatloaf, garden rice, cauliflower, pears</p> <p><u>10:00 A.M. – Quilting &amp; Cards</u></p>	<p>16 <b>Speaker</b> Oven fried chicken, mashed potatoes &amp; gravy, corn, strawberry banana salad, salad bar</p> <p><u>9:30 A.M. – Quilting &amp; Tai Chi</u> <u>Van to Columbus</u> 6:30 PM Pitch</p>	<p>17 <b>POTLUCK</b> HDM: Sloppy Joes, Potato salad, beets, baked apples</p> <p><u>9:30 A.M. – Exercise: Quilting &amp; Cards</u></p>	<p>18 <b>David Place</b> Ham, sweet potatoes, green beans casserole, jello cake, salad bar</p> <p><u>9:30 A.M. – Quilting &amp; Tai Chi</u> <u>10:30 Dominos</u> <u>Van to Lincoln</u></p>	<p>19 Swiss Steak, oven fried potatoes w/onion, Italian blend veggies, Apricots</p> <p><u>10:00 A.M. – Quilting &amp; Frogs</u> <u>1:00 P.M. – Pinochle</u></p>	<p>20 <b>All meals are served with bread, milk, coffee, and water</b></p>
21 	<p>22 Breakfast burrito, hash browns, tomato juice, mixed fruit</p> <p><u>10:00 A.M. – Quilting &amp; Cards</u></p>	<p>23 <b>Footcare</b> Baked fish, scalloped potatoes, roasted vegetables, pineapple&amp;saladbar</p> <p><u>9:30 A.M. – Quilting &amp; Tai Chi</u> <u>Van to Omaha</u> 6:30 PM Pitch</p>	<p>24 Polish dogs, dumplings and sauerkraut, jello w/fruit</p> <p><u>9:30 A.M. – Exercise: Quilting &amp; Cards</u></p>	<p>25 <b>Birthday Day</b> Swedish Meatballs, creamed potatoes, peas, banana bars, salad bar</p> <p><u>9:30 A.M. – Quilting &amp; Tai Chi</u> <u>10:30 Dominos</u> <u>Van to Columbus</u></p>	<p>26 Italian Chicken breast, French fries, 3 bean salad, apple sauce</p> <p><u>10:00 A.M. – Quilting &amp; Frogs</u> <u>1:00 P.M. – Pinochle</u></p>	27
28 <b>All ages welcome Suggested cost for 60 &amp; up \$3.50 and fee for 60 &amp; under is \$4.50</b>	<p>29 Chicken Enchilada casserole, wax beans, mandarin oranges</p> <p><u>10:00 A.M. – Quilting &amp; Cards</u></p>	<p>30 Pulled Pork sandwich, Potato wedges, coleslaw, grapes, salad bar</p> <p><u>9:30 A.M. – Quilting &amp; Tai Chi</u> <u>Van to Lincoln</u> 6:30 PM Pitch</p>	<p>31 <b>Halloween</b> Chili, ½ grilled cheese, tator tots, Oreo cookie dessert</p> <p><u>9:30 A.M. – Exercise: Quilting &amp; Cards</u></p>			<p> <b>Halloween</b></p>