

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 All meals must be reserved the day before or by 9 A.M. the day of, by calling 402-367-6131	2 Meat loaf, Parsley potatoes, buttered cabbage, tropical fruit, salad bar <u>10:00 A.M. – Quilting & Cards</u>	3 Alternative Hearing 9am Parmesan Chicken, roasted potatoes, mixed vegetables, apple sauce, salad bar <u>9:30 A.M. – Quilting & Tai Chi</u> <u>Van to Columbus</u> 6:30 PM Pitch	4 Closed for Independence Day	5 Baked Fish or Hamburger, Au gratin potatoes, peas, banana bars, salad bar <u>9:30 A.M. – Quilting & Tai Chi</u> <u>Van to Lincoln</u>	6 Accordion Day Roast Turkey, mashed potatoes, gravy, green beans, pudding <u>10:00 A.M. – Quilting & Frogs</u> <u>1:00 P.M. – Pinochle</u> 2:30pm Dessert Prairie Village	7
8	9 Quiche, hash browns, tomato juice, fruit salad, salad bar <u>10:00 A.M. – Quilting & Cards</u>	10 Chicken & Dumplings, broccoli & cauliflower salad, cherry bars & salad bar <u>9:30 A.M. – Quilting & Tai Chi</u> <u>Van to Omaha</u> 6:30 PM Pitch	11 11am Free Blood Pressure Check Pulled Pork, potato wedges, carrots, baked apples, salad bar <u>Stepping on 9:30-11:30am</u> <u>9:00 A.M. – Frogs</u> <u>Quilting & Cards</u>	12 Potato Bake Fundraiser 11:15am-12:45pm HDM: Baked Potato, creamed beef, squash, & peaches Burger Bash 4:30-6:30pm <u>9:30 A.M. – Quilting & Tai Chi</u> <u>Van to Columbus</u> Beltone 2-4pm	13 Polish Sausage, potato salad, baked beans, Stained glass jello <u>10:00 A.M. – Quilting & Frogs</u> <u>1:00 P.M. – Pinochle</u>	14 All meals are served with bread, milk, coffee, and water
15 All ages welcome Suggested cost for 60 & up \$3.50 and fee for 60 & under is \$4.50	16 Chicken fried chicken, mashed potatoes & gravy, coleslaw, pears salad bar <u>10:00 A.M. – Quilting & Cards</u>	17 Ham, potato cakes, succotash, grape salad, salad bar <u>9:30 A.M. – Quilting & Tai Chi</u> <u>Van to Lincoln</u> 6:30 PM Pitch	18 Pot Luck HDM: Chicken & Rice Casserole, California blend, jello with fruit, salad bar <u>Stepping on 9:30-11:30am</u> <u>9:00 A.M. – Frogs</u> <u>Quilting & Cards</u>	19 Salisbury Steak, creamed potatoes, pea salad, peach cobbler, salad bar <u>9:30 A.M. – Quilting & Tai Chi</u> <u>Van to Omaha</u>	20 Salmon Loaf, steak fries, cheesy broccoli, apricots <u>10:00 A.M. – Quilting & Frogs</u> <u>1:00 P.M. – Pinochle</u>	21
22	23 Speaker David Place Pizza burgers, Toss salad, Italian Vegetables, mandarin oranges, salad bar <u>10:00 A.M. – Quilting & Cards</u>	24 Pork Cutlets, mashed potatoes, gravy, corn, pineapple & salad bar <u>9:30 A.M. – Quilting & Tai Chi</u> <u>Van to Columbus</u> 6:30 PM Pitch	25 BBQ Chicken, Macaroni & cheese, Brussel sprouts, melon salad bar <u>Stepping on 9:30-11:30am</u> <u>9:00 A.M. – Frogs</u> <u>Quilting & Cards</u>	26 Birthday Day Ham Loaf, baked potato, mixed vegetables, jello cake, salad bar <u>9:30 A.M. – Quilting & Tai Chi</u> <u>Van to Lincoln</u>	27 Runza casserole, beets & plums <u>10:00 A.M. – Quilting & Frogs</u> <u>1:00 P.M. – Pinochle</u>	28
29	30 Sloppy Joes, tator tots, three bean salad, rosy applesauce, salad bar <u>10:00 A.M. – Quilting & Cards</u>	31 Cornflake chicken, stuffing, cucumber salad, sunshine dessert & salad bar <u>9:30 A.M. – Quilting & Tai Chi</u> <u>Van to Omaha</u> 6:30 PM Pitch				31 Meals are subject to change